

Foggy Bottom News

MAY 1991

Published for and by the Citizens of Foggy Bottom

Vol. 36, No. 7

Election for Ward 2 Council Seat April 30

On Tuesday, April 30, the voters in Ward 2 will choose the candidate to fill the Ward 2 City Council seat vacated by John Wilson when he became Chairman of the D.C. Council.

There are thirteen candidates on the ballot, with the possibility of one or two write-ins.

- There are 39,000 registered voters in Ward 2.
- 19,000 voted in the General Election.
- 13,000 voted in the primary.

The various campaign offices predict 9-10,000 voters will vote in this election, and the word is that the margin of victory will be less than two hundred votes, because of the large number of candidates.

There are no Republican can-

didates on the ballot and the campaign managers are scrambling to access registered Republican voters.

The polls are open for voting from 7:00 a.m. to 8:00 p.m., Tuesday, April 30th. Our polling places are the West End Library, 24th & L St., St. Mary's Court, 725 24th St., and United Church, 20th and G Streets.

ANC Adopts Development Statements

A Framework for Proactive Planning in the Foggy Bottom/West End Area

The Foggy Bottom and West End Advisory Neighborhood Commission believes that the changing climate within the District Government agencies associated with preservation and development provides a unique opportunity for significant and constructive changes in the way development projects are viewed. This ANC has concluded that it is particularly timely for a reexamination of the principles which govern the way ANCs

review development proposals. We intend to pursue vigorously a systematic approach to these matters.

The proposed development at 2521 and 2523 K Street, N.W. is a case in point. The Cooper Houses, which are the two oldest buildings extant in Foggy Bottom, dating from 1843 and 1868 respectively, were designated as historic landmarks by the D.C. Historic Preservation Review Board on November 12, 1984. They are the last remaining houses of their era in the neighborhood and the first in the Foggy Bottom area to be desig-

nated as historic landmarks.

The proposed Cooper Houses development is an example of a controversial project which, while approved by the previous ANC-2A, aroused considerable community debate, with a large majority of Foggy Bottom residents opposed. Eventually, this opposition led the Foggy Bottom Association and interested citizens to file a lawsuit to halt the proposed development.

This ANC believes in reasonable development which gives due consideration to the scale and character of the surrounding community, particularly where historic and/or architecturally significant structures or districts are involved. We believe that sufficient questions about the Cooper House case and other developments over the past decade have been raised to dictate a thorough review and codification of the basic tenets which should serve as a framework to guide this ANC in its examination of future projects coming before us. Moreover, these experiences have demonstrated the problems that can arise with an ad hoc, reactive approach. By becoming more proactive, this ANC will be providing potential developers with a clearer understanding of the expectations of the Foggy Bottom and West End Community.

Foggy Bottom Association MEETING

KEVIN J. MALACHI
Crime Victims Assistance Program

8:00 P.M. Monday
April 29, 1991

St. Paul's Parish House
2430 K Street, N.W.

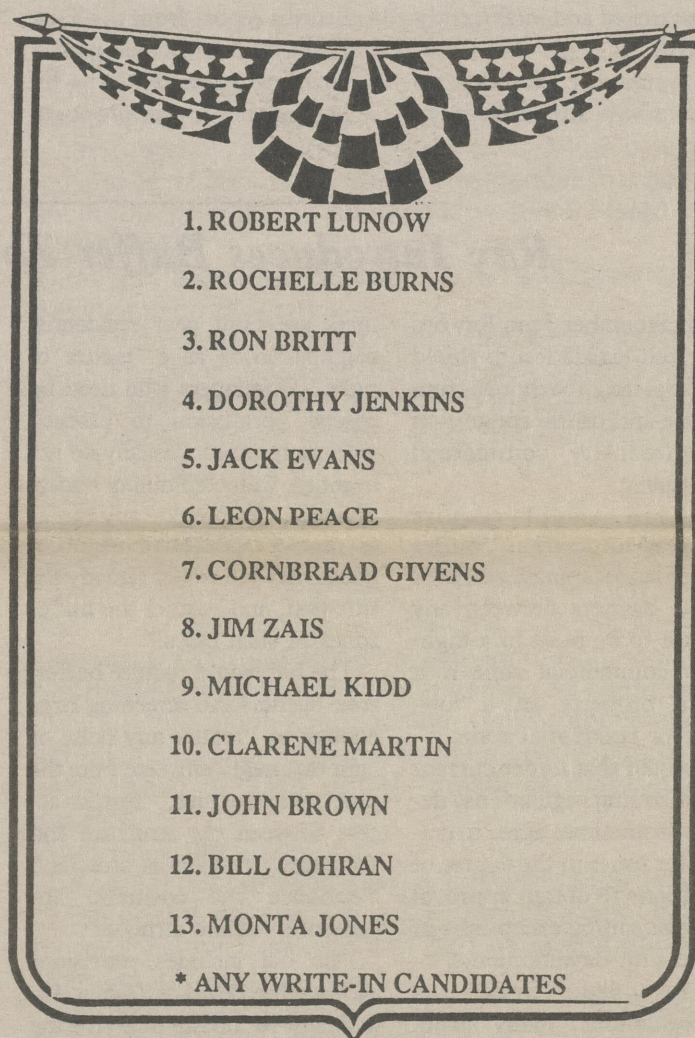
(Next Meeting: Tuesday, May 28)

Remember To Vote April 30th



CANDIDATES FOR WARD 2

BALLOT ORDER



1. ROBERT LUNOW
2. ROCHELLE BURNS
3. RON BRITT
4. DOROTHY JENKINS
5. JACK EVANS
6. LEON PEACE
7. CORNBREAD GIVENS
8. JIM ZAIS
9. MICHAEL KIDD
10. CLARENE MARTIN
11. JOHN BROWN
12. BILL COHRAN
13. MONTA JONES

* ANY WRITE-IN CANDIDATES

You Are Invited Community Health Fair

Saturday, April 27

Columbia Hospital For Women

Columbia Hospital for Women is celebrating its 125th Anniversary with a Community Health Fair for the Foggy Bottom Community. Free blood pressure checks, hearing and cholesterol tests, plus information booths on stress management • healthy living • nutrition • smoking cessation • glaucoma testing • hearing impairment screening • breast health • blood pressure screening • incontinence (lack of bladder control • cholesterol screening (\$5 fee) plus a Culinary Heart Kitchen Course sponsored by the American Heart Association.

Use Ambulatory Care Center entrance on 24th Street, 10:00 a.m. - 2:00 p.m.

(continued on page 10)

ANC-2A NEWS



A Time of Harmony

It's been some time since this community and its ANC Commissioners have worked so well together.

A great deal of credit must be given to the new Chair, Commissioner Ed Kelly, who has brought a sense of order and continuity to the meetings at the Wyndham Bristol Hotel. High marks must also go to the other Commissioners whose presentations of community issues are well researched and intelligently presented.

The community has picked up on this and the attendance con-

tinues to grow in numbers and representation.

The growing strength of this ANC-2A is not lost on District Government officials and the meetings have started to attract representatives from the Mayor's office and the D.C. Council.

Highlights of ANC-2A Actions — April 11, 1991

The ANC:

- opposed the amended application for the proposed development at 2501 Pennsylvania Avenue, N.W.
- heard a report from the Task Force on the Blackies' parcel, covering a review of the filings related to the proposed

NEXT MEETING ON
MAY 9, 1991
WYNDHAM-BRISTOL HOTEL
2430 PENNSYLVANIA AVE., NW

development, including an economic analysis and a traffic and parking assessment.

- reaffirmed its opposition to the proposed development of the Blackies' parcel and to the application for a PUD on the site.
- tabled a motion on the application by Howard's Liquor store to move to the nearby Mullett Townhouse building, subject to the working out of an agreement between the owners and the ANC.
- postponed the remainder of the meeting in order to complete the agenda to a reconvened date of April 25 at 7:30 pm at the Wyndham Bristol Hotel.

Ray Introduces Buffer Zone Bill

Councilmember John Ray has introduced legislation to shield residential neighborhoods from the noise and traffic congestion of high-density commercial development.

The bill would require developers to create a "buffer zone" of landscaping features or physical barriers between any structure to be built in a high-density commercial zone if it borders property in a low-density or residential zone.

Ray noted that under current law and zoning regulations, developers sometimes agree to create buffer zones in the course of negotiations to obtain approval for special zoning exceptions or planned unit developments.

But he added, "Under current regulations, many struc-

tures are built near residential neighborhoods as a 'matter of right.' Developers who need no special permission to proceed with such projects usually do not negotiate with community leaders or attempt to provide any buffer to protect residential neighborhoods. My bill would remedy the situation, and require the buffer zones in such cases."

The bill would require buffer-zone barriers and screening large enough to "reduce any noise or light that might emanate from the proposed structure," restrict access between the structure and the nearby residential area, and "enhance the cosmetic appearance" of the structure.

The bill includes provisions allowing the Board of Zoning Adjustment to modify or waive the

buffer-zone requirement under certain circumstances involving peculiarly difficult topography, soil conditions, or plot configuration; if the overall architecture and landscaping included elements to minimize adverse impact on the surrounding area, or if a majority of nearby property owners consented to a waiver or modification.

To consider a waiver or modification, the BZA would have to provide 30 days advance notice to the Advisory Neighborhood Commission representing the area where a structure is proposed. The BZA would be required to give "great weight" to the ANC's views on the matter.



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May 1991

Volume 36, No. 7

Foggy Bottom News

The *Foggy Bottom News* is a publication of the Foggy Bottom Association. All editorial assistance is contributed on a volunteer basis by residents of the area.

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Susan Puffenbarger, Kerry H. Stowell
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Ad Billing **Chris Lamb**

Deadlines for June issue (published 5/24)

Articles & Ads to be typeset — May 10

Camera-Ready Ads — May 17

All announcements, letters, articles are welcome but must be typed double spaced. Please include an evening phone number. Send to:

FOGGY BOTTOM NEWS
c/o West End Library
24th & L Streets, N.W.
Washington, D.C. 20037

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The opinions expressed in this publication are those of the writers. Their appearance here constitutes neither an endorsement nor official policy of the Foggy Bottom Association.

1990-91 EXECUTIVE BOARD

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Events For Evans Planned

On Friday, April 26 at 7:00 p.m. Harold Sarbacher and friends will co-host a party for Jack Evans, candidate for D.C. Council, and for the residents of Watergate West.

On Sunday, April 28, 2:00-4:00 p.m., Audrey M. Thacker, president of Thacker Caskets, Inc., and prominent attorney Jack

Olender and his wife Lovell will co-host a gala party in Julia Cohen's Watergate South apartment. At this event residents of both Watergate East and Watergate South will have the opportunity to meet and greet Jack Evans.

April 30 is election day for the Ward 2 seat vacated by John Wilson.

Western Presbyterian Church
1906 H Street, N.W.
842-0068

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Christian Ed. 9:45 a.m. Worship 11:00 a.m.



CRIGHTON, MARTHA

Margaret Crighton Celebrates 100th Birthday

On April 11, Martha Crighton was 100 years old. On Sunday, April 14, she was honored by St. Paul's Episcopal Church with a birthday party in the church hall. Martha Crighton is a great lady who has been a member of St. Paul's for over 40 years. In earlier years she was an active member of many church organizations and she remains a very real member of the parish family.

During the days when St. Paul's had an all boys' and men's choir, Martha brought her nephew, James Pratt, to be a choir member. He was the treble soloist during the early 1950s. Martha was conditionally baptized by Father Richards and confirmed by Bishop Dun in 1950.

Mrs. Crighton has always

The widespread financial support by Foggy Bottom residents for the legal action against the proposed 12-story addition to the historically landmarked Cooper Houses has continued. As a result of the most recent contributions, the amount still needed to prosecute the appeal against the order of the Board of Zoning Adjustment has now been reduced to about \$1500. Foggy Bottom citizens have shown their commitment to protect and preserve the character and scale of our neighborhood, including its historically significant structures and districts.

Our attorney filed the brief in support of the appeal on March 4, 1991. The deadline for the intervenor's counter-brief is May 11 (an additional 5 days' grace for delivery by mail), and our attorney's reply to the counter-brief is due within 14 days of receipt of the counter-brief. The Clerk then sets the date for the hearing for arguments within about 3-6 months.

loved a party and her 100th birthday was more than special. Many friends and parishoners attended to celebrate her longevity and to honor her contributions to St. Paul. For the

Since we published a list of contributors in the March 1991 issue additional contributions were received from the following:

Charles and Sylvia Beyer
Dorothy and Irving Buenvich
Arial and Mary Cordoso
Patricia Dawson
Charles and Janet Farbstein
Vorda Honnold
Joseph O'Donnell
F.C. Old
Lohva Wakefield (repeat)
2501 M Street Condo Assn.

Please continue to help!

Make your tax-deductible check payable to:

Foggy Bottom Association
(Mark check: For Cooper Houses)

and mail to:
Foggy Bottom Association
c/o West End Library
24th & L Streets, N.W.
Washington, D.C. 20037

past two years Martha Crighton has been a resident of Goodwin House West in Falls Church, and is visited weekly by St. Paul clergy and regularly by members of the parish.



St. Mary's: flowers, food and fellowship

Senior Luncheon Program at St. Mary's Court

- Q.** Is there a hospitable and stimulating luncheon program for seniors in the Foggy Bottom area?
- A.** Yes. The St. Mary's Court Iona Senior Lunch Program, at 725 - 24th Street, N.W., operates Monday through Friday, from 11:15 a.m. until at least 2 p.m. Lunch — cafeteria style — is served from 12:30-1:00 p.m.
- Q.** Who operates this program?
- A.** The program is operated by Iona Senior Services as a Lead Agency, supported by the D.C. Office of Aging and St. Mary's Court Senior Residence. This non-sectarian program is managed by Lillian Gordon (202/659-5645).
- Q.** What are the goals at St. Mary's Court and other Iona Senior Lunch Programs?
- A.** To provide persons 60 and over in this area with mid-day stimulating programs, including speakers, slides, bridge, exercise, poetry, occasional trips, etc., a well-balanced nutritional meal, in a social setting, and to be a focal point for information and resources, promoting independent living and support services for our older citizens.
- Q.** Who prepares the luncheon at St. Mary's?
- A.** Lunch is prepared daily under contract with Marriott. Service is cafeteria style, affording patrons some choices. D.C. Office on Aging, with input from Iona's nutritionist, recommends menu items and changes, insuring that lunch is appetizing, well-balanced and satisfies daily health needs. Each luncheon includes salad, soup or juice, entree, bread, beverage and dessert.
- Q.** What does the lunch cost?
- A.** The actual cost of each meal is currently \$3.31. Part of the cost is paid by the D.C. Office on Aging; part by Iona Senior Services; and part by contributions from senior luncheon patrons.
- Q.** How did St. Mary's and other Senior Lunch Programs fare in the Mayor's budget for 1991?
- A.** The luncheon (congregate meal) budget was approved at the same level as in 1990, without any allowance for cost-of-living increase or for increase in cost of meals under the Marriott contract.
- Q.** And how does the Senior Luncheon Program propose to absorb the cost-of-living increases and Marriott meal cost increases?
- A.** Managers of the luncheon programs are encouraging patrons who can afford to do so to make a lunch contribution of \$1.50 to \$2.00 per day. Iona and Manager Lillian Gordon make it clear that while this suggested level of contribution is important for continuation of the program at its present level of quality, no one should feel bound or pressured to make such contribution when coming to this senior luncheon.
- Q.** What input do luncheon participants have in shaping the content of the health/education/recreation aspect of the luncheon program?
- A.** Input, suggestions and advice from luncheon participants are encouraged by the luncheon manager and by Iona's staff. A survey is currently being conducted among participants — at the request of Iona's Wellness Committee — to determine the level of interest by lunch participants in health education, health screenings, exercise and clinical programs.

Sunny Brunch on the West Side.



Phyllis Richman raves about our trend setting A La Carte Brunch Menu prepared by Washington's most creative kitchen. Here's a sampling:

Buttermilk Corncakes with a Compote of Strawberries, Blueberries, and Pears with Mascarpone and Bacon \$7.75.

Brunch Quesadilla: Scrambled Eggs Baked in a Flour Tortilla with Spiced Jack Cheese, Topped with Salsa Fresca and Sour Cream \$7.75

Poached Eggs on Scallion Biscuits with Smoked Salmon Sausage and Pommery Cream \$8.75

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OUT OF THE FOG

By David Fothergill-Quinlan

The New ANC 2A — Empowering With The Community: The Development Dinosaur Is Almost Gone

It never ceases to amaze me how the facets and directions of one's life are like a river that ebbs and flows making intricate turns almost without effort when the time is right. Because of a recent job assignment at Iona House, I have not written my *OUT OF THE FOG* column recently. Why am I writing now? Just as my life's "river" is moving rapidly, so is the "life" of the northwestern end of Foggy Bottom.

As I have discussed before, for the past 15 years corporate "monster" development has chewed up 90% of the West End, leveling a large part of what would have been a rather interesting historic district. On the south and east side of Pennsylvania Avenue, George Washington University and the World Bank have taken care of most of the balance of development in our area. After the Pedas Brothers wiped out the historic block between 21st and 22nd Streets on Pennsylvania Avenue in anticipation of the largest non-federal office building in the city, most historic buildings in this area are gone. One rare exception is the part of the Pennsylvania Avenue between 25th and 26th Streets.

Despite the Machiavellian machinations of a British developer, the development of 2501 Pennsylvania Ave. will eventually be a place to be proud of. A year ago, I would not have said that, because the buzz word on all development was "commu-

nity compromise." What was done at 2401 Pennsylvania Ave. is a bulky abomination, despite some over-zealous meanderings in a recent *Washington Post* article. A new feeling has come over the people in the Foggy Bottom community. They were mad as hell about development and the former ANC's stance against it and they did something about it. With a new, receptive ANC 2A, they have become empowered and the day of the development dinosaur is almost gone. There is a new camaraderie in our neighborhood. We don't necessarily agree politically, but we do agree about development.

The April ANC 2A Meeting became mired in procedure, but the actions of 90% of the commissioners demonstrates that they care for the concerns of the neighborhood. This new ANC has been very busy, but they are getting their word out that unreasonable development is no longer acceptable in Foggy Bottom. Some community members in the audience have been and continue to be antagonistic on certain issues, but they still have worked very hard for rational development. Despite some nit-picking, they will overcome because the tide has finally turned.

The old ANC could have helped much more but their pro-development stance got in the way at every turn. With close to \$39,000 which had accumulated in their treasury,

they did not do the professional investigation (by consultants) which they could have done to stop some of the development overkill we have been faced with. The neighbors are taking back Foggy Bottom. This column may tread on a few people, because I am not citing the past glories of the development victories obtained by the neighborhood like the bus ban and the I St. development, but the neighborhood movement today is different. It is not one or two people, it is many.

Of course, we may be in for a Bette Davis "bumpy ride" for a while, but we have to be patient with the new ANC 2A. They are adapting successful procedures from other ANC's and they ARE reclaiming the Foggy Bottom community in ALL areas from development to alcohol beverage control. The message is clear — if you want to do business here, then you will have to abide by the will of the majority of the people who live here. It is amazing to see an empowered group of people start to put their community back together. Extra! Extra! Democracy is coming to Foggy Bottom and I had to write about it.



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Will ANC 2A Block "Mr. Nice Guy's" Liquor License?

Howard's Liquor store has an application pending before the D.C. Alcoholic Beverage Control (ABC) Board for transfer of a Class "A" license to 2525 Pennsylvania Avenue, N.W. The question is, will the ANC-2A block approval?

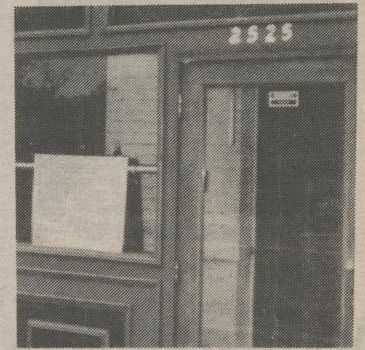
Howard's Liquors has been accused of allegedly selling or crediting fortified wine, individual beers from a six-pack, giving or selling individual "go cups," and generally encouraging a constituency of the homeless to frequent the store and the neighborhood. Other complaints have focused on the double-parking outside the store, and a general littering of the area on Pennsylvania Avenue.

Commissioner Maddux made it quite clear that the Commission was not trying to put anyone out of business but that they were trying to go forward in good faith to negotiate an agreement.

Mr. Howard Felder, the owner of Howard's, spoke on his own behalf, and then took questions from the audience. When asked why his store, in particular, was such a drawing card for the homeless, with rumors of credit being given to the street people, he answered, "It's my fault, I just try to be nice to everybody."

As of this writing, Howard's has agreed to the following:

(1) to discourage patrons of all kinds from double-parking in front of his store or standing in the alley between his store and the Westbridge condominium.



Howard's will ensure that patrons are aware of these parking requirements by posting internal signs.

(2) Howard's Liquor will remove all beer cans, liquor bottles and other liquor-related litter from the alley between the store and the Westbridge condominium.

(3) as required by law and regulations, Howard's Liquor will not sell liquor to persons who appear intoxicated.

(4) Howard's Liquor will not (a) give away or sell individual paper or plastic cups or other drinking utensils; (b) break up packaging of prepackaged groups of cups, cans or other drinking utensils for sale in smaller quantities than packaged; (c) stock and/or sell any inexpensive, high alcohol-content wines known as Cisco, Wild Irish Rose, or similar products.

(5) Howard's Liquor will make every reasonable effort to discourage panhandling, littering, loitering, or use of the public areas for urination or defecation by its customers.

The owner of Howard's noted that he has been in the liquor

(continued on next page)

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-Phyllis C. Richman,
The Washington Post
March 31, 1991

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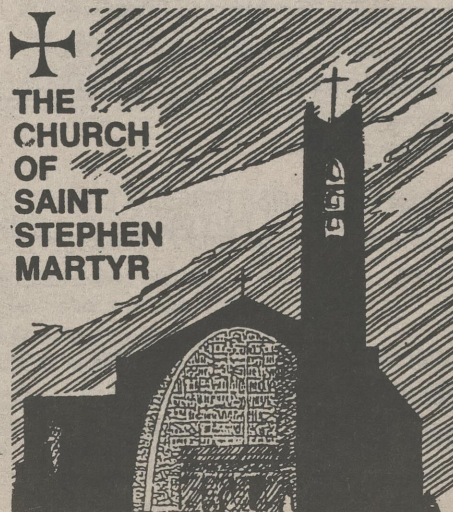
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Experts Tell You How To Buy A Car

If your car has seen better days, your family needs a second vehicle or your child just turned sweet 16, you're in luck! The Women's Center is offering a special workshop that will provide hints on how to buy the new or used car you've always wanted at the best price, plus the chance to win a used Volvo, valued at \$3,000, from Don Beyer Volvo. The registration fee is \$15.

It will be held on Saturday, May 18, 10 am - 1 pm at the Galleria at Tysons II, McLean, Virginia (Mezzanine Level above The Garden Court).

Our panel of experts will steer you through the car-buying process. You'll learn how to choose the right make and model for your needs and desires, what questions you should ask the seller, how to negotiate the best deal and arrange financing and guarantee reliable maintenance service. You will also discover the latest details about pricing, rebates and incentives; scams; lemon laws; your rights as a consumer; buying services; financing alternatives and buyer protection plans.

Numerous car dealers will be on hand to answer your questions after the presentation. In addition, an outline of car buying strategies, samples of various car-buying-guides, and a checklist of safety features to consider when comparing cars will be provided.

Moderator: Warren Brown, business writer and automotive columnist ("On Wheels"), *The Washington Post*.

Panelists: Michael S. Beyer, President, Don Beyer Volvo; Mary Brandis, Co-owner, Springfield Toyota; Rosemary Dunlap, President, Motor Voters (safety and consumer rights organization); Hilda Cortés-Rivera, Leasing Consultant; Stephen L. Swann, Esq., Attorney, instructor of "Car Buying Strategies" at Arlington County Adult Education; May Day Taylor, president, United Buying Service, Inc. (consumer information service).

For information and registration call 703-281-2657.

License

(continued from page 4)
business for thirty-four years, and at Howard's location for twenty-one years without an infraction or reprimand of any kind. Members of the audience suggested that times have changed, and he must be willing to change with them.

The major disagreement still pending between the community and Howard's is his refusal to stop selling half pints or less and individual cans of beer. The community feels that it encourages the homeless to fre-

quent the establishment. Mr. Felder said that the majority of purchases of single cans of beer are from the patrons of the hotels nearby, although photographs taken over a two-week period do not indicate that his clients are from the hotels.

Unless Howard's can agree to the various commitments put forth in an agreement between Howard's and the community, the Foggy Bottom-West End ANC 2A will file a protest with the ABC Board by the May 1, 1991 protest deadline.

Book Find

by Robinson Jones

Of interest to men, women, parents and teachers, K through 16 - *You Just Don't Understand - Women and Men, (Boys and Girls) in Conversation*, by Deborah Tannen, Ph.D.

The book jacket tells us that *You Just Don't Understand* offers a totally new approach to a peace treaty in the battle between the sexes. In classrooms, at work and at home, it is only by understanding each other's styles and purposes of conversation that we can accept unstated differences without blaming each other or ourselves.

Why do so many women feel that men don't tell them anything, that they just lecture and criticize? Why do so many men feel that women nag them and never get to the point? In *You Just Don't Understand*, socio-linguist Deborah Tannen

offers revolutionary answers to these and other questions that confound women's and men's attempts to communicate with each other.

Using stunning evidence from her own studies, Deborah Tannen shows that men and women live in different worlds, even under the same roof — so conversation between them is like cross-cultural communications. From early childhood, girls play with a best friend or in a small group and use language to seek confirmation and to reinforce intimacy, whereas boys use language to establish and protect their independence and to negotiate status in large-group activities. Carrying these styles into adulthood, women and men walk away with completely different impressions of the same conversation.

You Just Don't Understand, hard science? It's probably not. It is, however, written in entertaining prose enlivened by vivid examples and anecdotes. It can

help us find a common language in which to achieve professional cooperation with co-workers, and deeper bonds with loved ones.

Deborah Tannen is a professor of linguistics at Georgetown University and is author of the widely acclaimed *That's Not What I Meant!* An internationally-recognized scholar who has lectured all over the world, she has received grants from the National Endowment for the Humanities, and the National Science Foundation. She has made her scholarly research available to the general public through articles in *The New York Times Magazine*, *New York magazine*, and *The Washington Post*, as well as television appearances on the TODAY show and CNN. She lives with her husband in Washington, D.C.

(Publisher: William Morrow & Company, New York; FPT ISBN 0-688-08722-2 \$18.95)

Spring Training: Keeping Yourself Injury-Free

Spring is in the air, and for many of us that means an annual "rite" of putting on our athletic gear and hitting the great outdoors for some exercise. But before you begin exercising again, be sure to take a few necessary precautions to prevent the risk of injuries.

"Many people spend the winter months in 'exercise hibernation,'" says Tracy Heyn, a health educator at Group Helath Association. "For these people, it is extremely important to ease into a program gradually. So many people expect to be able to plunge right back into exercise routines they had worked up to over the course of several months — and their body pays for it."

Heyn offers the following advice to help you get back into shape while minimizing your chance of injury —

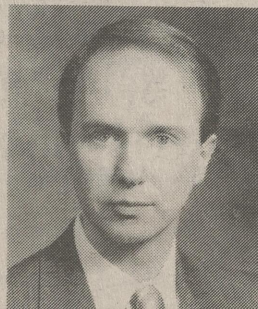
- Be sure to include a proper warm-up. This prepares your muscles and joints for exercise and raises your heart rate gradually. A good basic guide is to simulate the activity you will be doing for 5-10 minutes, with a gradual increase in intensity (speed and resistance). For example, if walking is your exercise activity, your "warm-up" should be a slow walk, gradually increasing the speed until you reach your "target heart rate" range. (Your heart rate range is approximately 110-150 beats per minute — depending on your age and fitness level — which should be maintained for at least 20 minutes after you warm up.)
- Be sure to include a cool-down. This allows the cardiovascular system to return safely to a normal state. Cool down by slowing down the activity gradually for at least five minutes. Referring back to the walking example, you should "cool down" by walking slowly for at least five minutes until the heart rate has decreased to approximately 100-105 beats per minute.

- End your session with some good stretching exercises. This helps to increase flexibility and reduce muscle soreness. All the muscles you used during your exercise session should be stretched while they're still warm. Ease into the stretch, ensuring muscles are relaxed, and hold for 15 seconds. Avoid bouncing or jerky movements.
- Be sure to have appropriate equipment specifically for the activity. Proper shoes are crucial to obtain good support. In addition, using protective equipment, such as helmets for cycling, eyeguards for racquetball and squash, can prevent injuries.
- Finally, exercising too intensely, too often, and too long can cause "overuse" injuries, and it accounts for 60% of exercise-related injuries. Be sure to start your exercise slowly and rest between workouts. Increase intensity and duration of activity gradually. "Listen to your body," says Heyn, "if you have any real pain, stop the activity and rest for a few days."

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Senior Survey Moves Into Action

The first community meeting concerning the Foggy Bottom Senior Survey will be held early in May at Potomac Plaza Terraces, for senior residents of that building.

At the meeting, seniors will hear about the survey project and about services which can help them with such problems as transportation and house-keeping.

Those who attend will be offered the chance to have blood pressure tests and will learn how to get the best value when buying Medigap insurance. Refreshments will be served, according to Betty Howell, the building's property manager.

The Senior Survey project is sponsored by Iona Senior Services, located in northwest Wash-

ington, in cooperation with St. Mary's Court, as well as other Foggy Bottom community groups.

Additional activities connected with the Senior Survey will take place during May and June at other apartment buildings including Columbia Plaza, Watergate West, the Savoy, West End Apartments and Jefferson House.

Plans for these events were discussed at a supper gathering held last month at St. Mary's Court. Present at the meeting were residents of apartment buildings and row houses.

If you want to have a meeting in your building or to volunteer, call Richard Price (296-5018), co-chairperson of the Senior Survey.

The digging going on at the intersection of Virginia and New Hampshire Avenues — southwest corner — is the beginning of Foggy Bottom's newest and most plush residential project: Watergate, pictured here. Ground was broken last week for the first of a complex of five buildings to be erected on the triangular ten-acre site. The first building is scheduled to be completed by the summer of 1965 and it will contain approximately 300 residential units. Also contained within this "city within a city," on a beautiful, well-designed colonnade, will be a beauty salon, florist, cleaners, pharmacy, gourmet restaurant, and exclusive clothiers and specialty shops — plus underground parking.

After almost three years of hearings and revisions, final revised plans in accordance with the Fine Arts Commission requests will be reviewed February 18 and approval is expected.

With the revised plans, the buildings will contain thirteen floors, instead of the originally planned fourteen. Also, the charming villas in the internationally acclaimed design have been eliminated.

When completed — in about five years — the buildings will occupy only 31% of the land area, leaving 69% for beautifully landscaped grounds . . . which is probably one of the reasons that approximately 20

percent of the building has already been sold in the short time that the sales program has been under way.

Architect Luigi Moretti, and the firm of Corning, Moore, Elmore and Fischer — the local consultants — have provided in their plans for the residents of Watergate many elegant and distinctive features.

Besides the private penthouse terraces there will be four landscaped terraces for all residents . . . two of which may be reserved for private use. These terraces are made possible by the use of "built-in" air conditioning units and the ingenious application of landscaped elevator shafts.

The apartments will be almost custom-made for the residents . . . there's almost 200 different floor plans to choose from: studio efficiencies; one, two, three and four bedroom apartments; duplexes with up to

three bedrooms; and penthouses. Prices for these luxurious quarters start at a little over \$100,000 and go downward to \$16,000. The prices include, where applicable, balconies, deluxe built-in kitchens, wood-burning fireplaces, and many other elegant appointments.

If this article reads like a sales pitch for Watergate our apologies are extended to Mr. Harold A. Lewis, President of the Riverview Realty Corporation (a member of the Foggy Bottom Association), the exclusive Sales Agent for the Rome-based principals.

The genial Mr. Lewis invites Bottomites to come to Watergate and browse through the exhibit area and examine the models of the buildings. Hours, seven days a week, are from 10 a.m. until 6 p.m.

(Reprinted from February 1964 Foggy Bottom News)



Barbara Kahlow of the Westbridge and FBA President Elayne de Vito discuss testimony to block the 2501 Pennsylvania Avenue project.

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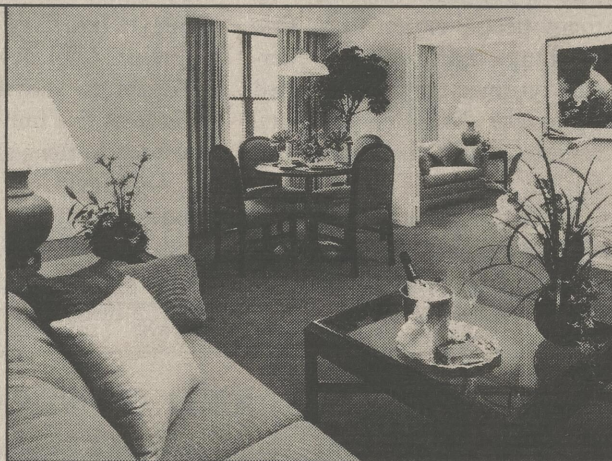
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A warm welcome to our Foggy Bottom neighbors!

F.Y.I.

Medicare's hospital deductible rose to \$628.00 for the first day of hospitalization starting January 1, 1991. From day 2 to 60, Medicare pays all inpatient hospital costs. Medicare also pays the first 20 days in a nursing home. From day 21 to 100, beneficiaries pay a co-insurance of \$78.50 in 1991.

Correct the phone number for free mammograms in the District — it is 202/678-5632. Some publications have erred in the phone number reported.

When Swatch watches took the States by storm in the early '80s, they were the last thing you'd expect to collect. But, sure enough, some plan-ahead people hung on to their timepieces and turned a tidy profit at a recent Swatch auction sponsored by Sotheby's. In fact, the original Jellyfish, a totally transparent watch (200 of them exist, and they originally retailed for \$30), fetched a stratospheric \$17,094. Who says time doesn't pay?

The ultimate wedding dress has arrived and it's pure platinum — the fabric, the lace, the spangles, the veil, the gloves, everything. Weighing 11 pounds and valued at \$750,000, the size eight dress

(designed by Asami Kobayashi for the Platinum Guild International) was produced by 30 people in three months, and it comes complete with a matching platinum bouquet and a pair of pumps. The only things missing: storage guidelines. After the wedding ceremony, are you supposed to dry-clean the dress or pay to have it polished?

Still choosing iceberg lettuce at the salad bar? Boston or Bibb has twice as much vitamin C and three times as much vitamin A as iceberg. Romaine has three times as much calcium, iron and C and six times as much A. Spinach leaves are best of all: A single serving supplies 100 percent of the RDA for vitamin A and 60 percent of C.

Barbara Edelstein, M.D., author of *The Underburner's Diet*, insists that her patients walk at least forty minutes four times a week. A normal pace (about three miles an hour) is fine. Benefits increase, of course, the faster you walk. Indeed, recent studies have shown that upping the pace to four and a half or five miles an hour makes walking more taxing than running. "Walking gives you a tougher workout and burns more calories — a hundred and thirty versus a hundred and twenty per mile," says James M. Rippe, M.D., of the Univer-

sity of Massachusetts Exercise Physiology Laboratory.

Prepare an emergency travel kit for your trip so you can just pick up and go. Include your business cards, a telephone credit card, a pen, a mini-dictating machine (make notations as you drive or ride along), a conference pad, dollar bills, change, key phone numbers, spare glasses or lenses, stamps, a post-it-note pad and required medicine to be sure.

If you staple a business card to your Rolodex highlight the phone number so that your eyes don't have to scan the whole printed part to pick it up fast.

If you return someone's phone call and get a receptionist or secretary on the line, begin your call by saying that you're returning the boss's call. If you take that approach instead of just asking for the party, you'll be connected more frequently.

Tape the word "opportunity" to each telephone in the office. When the phone rings, the word will remind answerers to make

a good first impression and to present themselves in a positive way.

If you want to make money at home doing calligraphy you can take training in a class given at some YMCA's and adult education centers. If you need to learn the basis. Cost: anywhere from \$25 to \$250.

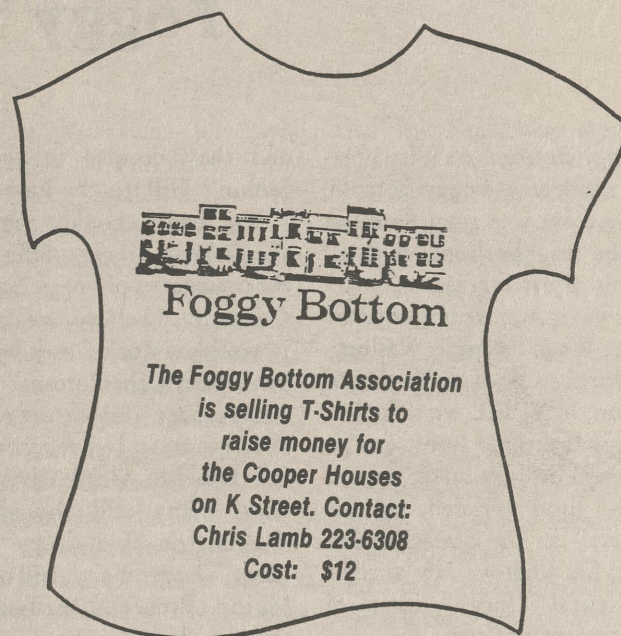
Equipment: one pen holder, two speedball nibs, graph and

tracing paper.

Finding clients: send photocopies of your work to restaurants and develop a working relationship with local typesetters, who may steer business your way.

Calligraphers write invitations, address envelopes and make scrolls and awards for organizations.

What to charge: \$15 to \$25 an hour.



Historical Society Unveils Bicentennial Exhibition

Is it really true that Washington was a city built on a swamp in the wilderness? A Bicentennial exhibit at The Historical Society of Washington, D.C., will dispel myths like this and focus on a new and accurate interpretation of the first three decades of the city of Washington.

The exhibition, titled "Making Washington City: Proprietors, Dreamers, Builders," will focus on the character, appearance and historical reality of the people who established the new city and rebuilt it after its destruction in the War of 1812.

Maps, paintings and prints of the early city, portraits of its

leaders, letters and other documents will bring to life the mix of builders, investors, shopkeepers, workers and families who shaped Washington from 1791 to 1814.

Included in the exhibition will be the only known portrait of the first mayor of Washington, Robert Brent (1801-1812). Brent's portrait was recently donated to the Historical Society by a Brent descendant in Connecticut. Also shown for the first time will be a privately owned 1810 watercolor view of Georgetown from the hill that is now on Wisconsin Avenue. Highlighting the black ex-

perience in early Washington is a portrait of Yarrow Mamout, a free black Muslim living and working in Georgetown.

Patterns of early landholding will be illustrated, methods by which the city was laid out and lots sold will be demonstrated, and everyday activities of working, shopping and traveling in the new city will be presented.

This Bicentennial exhibit is open to the public free of charge, Wednesday through Saturday 10 a.m. to 4 p.m. at The Historical Society of Washington, D.C., 1307 New Hampshire Avenue, N.W. For further information, call 202-785-2068.

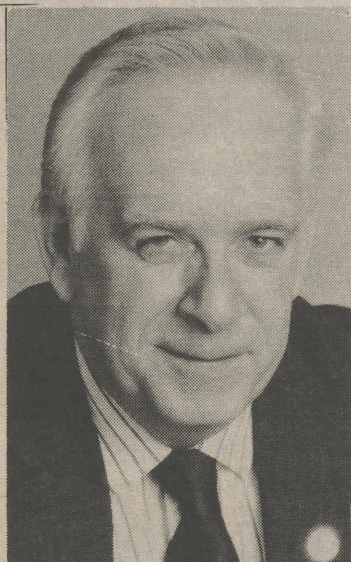


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Foggy Bottom: Alive and Well

Donald Tobey

Foggy Bottom! As a fairly recent resident in Foggy Bottom, I have come to a great fondness for the neighborhood, with all the history it represents.

However, the term is not new to me. When I came to Washington, for the Office of War Information, in WWII, we talked of "Foggy Bottom." But it was an irreverent description of "striped pants, limp wristed, cookie pushers" at the State Department, for what we saw as their impractical "foggy" ideas of government policies.

Now I know there actually was such a place, printed on the old maps, and that it goes back to the 1780s and the little town of Hamburg. There Jacob Funk, a German immigrant, in 1768 bought 130 acres, laid it out in 267 lots, and waited for eager buyers to make him rich.

Shades of our modern go-for-broke real estate developer! It was not to be. Still, many years later, only a few houses had been built, and it was the home of the Naval Observatory, a few small shipyards, some farms and small businesses.

A brief moment in history. George Washington had been authorized by Congress in 1790 to select a site for the nation's capital. He and Jefferson in 1791 considered the summit in Foggy Bottom as a possible site for the Capitol (buildings). But the space between Rock Creek and Tiber Creek was thought too small,

and they decided instead on Jenkin's Hill, to the East.

The (truly) mouldy tomes in the Gelman Library differ as to the boundaries of Foggy Bottom. Generally, I believe, we can say it would be Rock Creek west, K Street north, the Potomac south and perhaps 18th Street east.

The area, in fact the city, did not flourish. Until Civil War days, many still thought of Washington as a sleepy small town. The great city, laid out by Major Pierre L'Enfant in squares, long avenues, and a score of circles, was still mostly a dream.

When President John Adams in 1800 brought the Federal government, with 130 clerks, from Philadelphia, Pennsylvania Avenue was still a morass of elder bushes. A French diplomat moaned, "My God! What have I done to be condemned to live in such a city?"

Shall we move on to modern times?

Kennedy Center. Washington has long been referred to as a city of power and politics, not culture. How unfair! I cite the John F. Kennedy Center for the Performing Arts, by itself, a sufficient refutation. It has five theatres and concert halls, brings the most renowned artists from all over the world, stages some of the best (and less worthy) plays, gives new artists a chance.

I take my grandchildren for a

tour of Kennedy Center, they are entranced with the vast high vaulted halls, peek into the theatres, and frolic about the promenades on the roof, overlooking the whole city, and into Virginia.

It is an exciting side trip for your visiting cousins. You need spend nothing, or you can find curious mementoes, and have a meal in the cafeteria or one of the better restaurants. Parking in the basement costs \$5, or you may be lucky and park free in the neighborhood. There is a regular schedule of old time movie classics. Everybody is cordial, please come back. End of commercial.

Growth. Two wars, the Civil War and WWII, brought tremendous growth to the city. During the Civil War, stupendous supplies for the Union Army — munitions, food, clothing, 21,000 tons of forage monthly for the Army of the Potomac, medical supplies for 25 military hospitals in the area, and more! There were cattle pens and a slaughter house on the Monument grounds, corrals and wagon sheds for 30,000 horses and mules in Foggy Bottom. Population the next few years more than doubled.

With the tremendous activity and growth in population came fine hotels and fine homes. Much of the present two-and three-story townhouses date from

before the turn of the century. They are mostly brick and stone, most having no provisions for keeping a horse, and now no room for a car.

For that we are paying a price now. For many a car is too costly, insurance sky high, indoor parking up to \$150 a month. And there appears an undeclared war between car owners and the District Parking Authority. Penalties have recently been doubled, parking violations often \$40 or \$50. You pay — to take a day off to go to court is impossible! A suggestion: invite a Parking Authority representative to talk at our meeting.

Students!! George Washington University, after some travels about the city, finally settled in Foggy Bottom, to become our most important resident institution. It has about 20,000 students, including undergraduates. About 4,000 undergrads live in our town houses and large apartment houses.

Apartments run from \$500 to \$900 depending on size and amenities. If students double up, they can share expenses, including eating in, and save big bucks. Relations with regular inhabitants uniformly excellent, a far cry from my days in Ann Arbor, where there was persistent friction with the "townies."

I was surprised to find that over 65's living in zip code 20037 or 20006 can attend many classes without charge. This has been one of my most stimulating experiences here. Also, modern fashion dictates having put the girls into long underwear

(tights)?, a guy can spend a lot of time profitably, watching the scenery.

Politics. I thought you'd never ask! Of course we want to be involved, seeing how Foggy Bottom is run, and how its unique atmosphere is preserved. You should get to know current issues, unwise real estate development, sanitation, taxes, parking problems, the homeless and more. Come to Foggy Bottom Association and ANC meetings. Get involved! And vote April 30, for the new Ward 2 Council member.

I have gone on long enough! But there is so much more about the unusual resources here that make Foggy Bottom special. Kennedy Center, George Washington University, notable homes in Foggy Bottom, political sidelights — each of these is worth a separate excursion.

We should count our blessings.

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SIDEWALK TALK

By Betty Olsen

Wellll, the *Foggy Bottom News* now goes to Saudi Arabia. Seems that when we mentioned **Sandy Fitch's** nephews who were serving there came out in print last issue, she mailed them copies of their very own. If you want to write someone there and you don't have a nephew or whomever, address a friendly note, letter, card or whatever that would bring them cheer from us as things are settling down there.

Fitch also said that the building she manages, The Excelsior, got brand new windows throughout the building and they were as excited about that as The Shoremede getting their new awning over the front door. "It's only taken nine years to get them in place," she said.

Sis and Jerry Levin were honored guests at The Watergate recently. After many years in our area they are relocating to California where they will be working with a world peace organization. The Levins were the couple that were in the news during the Lebanon crisis when Jerry was taken hostage. Sis kept a diary of the events as she tried to free her husband. She traveled to the Mideast and lived there making contacts for his freedom.

Soooo World Peace has a special SPECIAL meaning for them because after her efforts he was released. Many friends who have been connected with the Levins were on hand to wish them well on their new peace-finding mission in life. Jerry was associated with CNN then as Mideast bureau chief. I already told you about Sis, except the part that I believe that her book, "Beirut Diary," was made into a television drama "Forgotten"

with Marlo Thomas portraying her. The hostesses for the occasion were **Mignon Smith, Jeanne Viner Bell, Peggy Roberson** and **Margaret Shannon**. Over 60 well-wishers were present.

People in Foggy Bottom are still talking about the Kennedy Center's annual **IMAGINATION CELEBRATION**, a national children's arts festival which presented "Living Legends," a festival day especially for young people to celebrate the arrival of spring. It's my favorite, favorite season and by the looks of them several others as well. In early April events and performances were going on in the park in front of the Kennedy Center. The aim of the art is to generate new artists, art-lovers and happy faces. Was yours among them?

Did you wonder last issue how the *News* decided who, between **Zais** and **Evans**, should be on the right side or who should be on the left? Well, I'll tell you the secret now that the issue is out; a coin had to be flipped to make it perfectly fair and the coin went tail over head, head over tail until it landed. That's the way it was done in this very VERY unofficial poll with **Evans** winning the right side and **Zais** the left. Of course, as I look at it both **Zais** and **Evans** won because how many candidates can say that they shared a centerfold one time in the *Foggy Bottom News*?

More news from the Sidewalks of Foggy Bottom — saw **The Puffenbargers** on a spring stroll underneath the Bradford pear trees which were turning all green now from their pristine white. The news with **Charles ("Puff")** to most of us) is that he had just finished judging The Clapper Award on the Hill. The Clapper Award is presented to the D.C.-based journalist each year considered by the panel of judges to have written the best news story. Along with **Puff** there were four other judges who were unanimous in their

choices of first and second. Who were they, you ask? You and I will know when they are announced at The White House Correspondents' dinner. I asked **Susan**, **Puff's** wife, if she had heard **Puff** talking in his sleep about the winners and she laughingly said, "No." The Clapper award winner receives a check for \$1500 given in honor of **Raymond Clapper** who served as a newsman and died during World War II gathering news.

Loren L. Fetzer, an art dealer in Foggy Bottom, is thinking about beginning receptions for us to get to know each other and also out interests in art. Look within the pages of the *Foggy Bottom News* for your invitation soon. See ad elsewhere in the *News* to be introduced to exactly what kind of art **Fetzer** deals in for future reference.

Walking Puddin, my Yorkie, the other morning and walked and talked (both at the same time) with a dapper man in the neighborhood, **James Adams**. It is interesting to note that he has lived in the neighborhood 60 years. Yup, he used to live at the corner of K St. and 25th Streets, then when the Claridge House was built, oh around 25 or so years ago, he moved all the way across K Street to the Shoremede where he has resided ever since.

Speaking of the Claridge House **Sonya Schuster** who lives there has a big yellow bouquet bow on her door. She works for the Pentagon and says with a smile, "They are really into celebrating Desert Storm there." Surprise, surprise!

Saw with my own eyes **Mary Louise Ortenzo** looking absolutely mah-ve-los after surgery at George Washington University. Mah-ve-lous really is the word, **Mary Louise**, that came to mind when we were chatting in front of your co-op recently. Her sister, **Jean**, from Pittsburgh was by her side constantly before and after surgery. Speedy recovery to you.

More good news — also spoke to **Elayne DeVito** recently and she is recuperating nicely from her time in the hospital as well.

FBA Secretary Anne Lomas asked us to send along some thanks to people who helped her after her purse was snatched and she was knocked down last month. Special mention goes to **Mary and Robert Brewster**, **Officers Miller and Dyson**, **Kay Ammon**, and the staff of the GW hospital emergency room. And thanks are due to another person who found her handbag and returned it to her home. She'd like to hear from that thoughtful person.

Old Town Alexandria's gain is Foggy Bottom's loss, as **Mary Jaznowski** departs for new quarters in the historic district in Virginia. She promised to visit from time to time so we could see her and **Ichiban**, her three-year-old canine character.

There is a new young lady in a "new" house on Eye Street. **Daganis Sara Steinfeld**, with her parents **Lester and Dung**, moved into their home after some months away while an addition was constructed.

Writing from her home in Germany, **Jeanne Abel** discussed living there during reunification, stating: "Here in southern Germany, several hours from the border, there is little impact. There are many funny stories, as the 'Westerners' do note the differences. My impression is

that the Easterners are overwhelmed by the variety and quantity of things here, that they roam the stores like children in fairyland." This was written late in 1990, and it was good to hear that she is well, happy, teaching English and learning German as fast as she can.

Sorry to report the passing of two long-time residents of 25th Street. **Catherine Birkenbilt** of the Plaza died after an extended illness. Her husband **Joe**, was with **Group Helath** prior to his retirement.

Irving Bunevich, husband of **Dorothy Bunevich**, died of cancer. He had been with the U.S. Patent Office before his retirement.

Kerry Stowell made a happy trip in March to greet her new grandson who was born and now lives in Phoenix, Arizona. The young man was named **Connor Hart Cunningham**.

Did you catch the remarks of GWU's **President Trachtenberg** to the Board of Trade? He told them he doesn't tell people anymore that he is a university president, but that he runs a conglomerate in the nation's capital, which includes residences, restaurants, stores, etc., etc. When they ask about its size, he reports the budget of \$500 million plus, and that "on the side, we do some education."

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Shadeless Acts of Destruction

By Lawrence G. Myslewski

Crime Report & Prevention

During the past decade, the Foggy Bottom/West End area has witnessed the destruction of more than just personal property — our public property has also been destroyed by private citizens and by the District of Columbia government, that is, the area's shade trees have been allowed to die, stripped of their branches, and in many instances tree trunks left standing as sad reminders of District and community neglect.

While the destruction of personal property is quickly reported to the police, destroyed and missing trees are ignored. Since the community also owns this valuable public property, why is the destruction and non-replacement of trees tolerated? By allowing this situation to exist, the overall community streetscape has deteriorated, creating an environment that may be more conducive to criminal activity.

Encouraging Acts Of Planting

The Dixon administration, with a new director of public works, appears to be poised for a 5-year effort to add up to 5,000 trees throughout the District. This effort, in conjunction with the L'Enfant Trust's "Trees for the City" project, and neighborhood "adopt a tree" programs, are indeed encouraging.

Are the Foggy Bottom/West End neighborhoods poised to contribute to this effort? And show some interest in our public property? And foster an environment that discourages rather than encourages criminal activity?????????

ACTUAL CRIMINAL ACTS: MARCH 1991

The more familiar criminal activity reported in and around Foggy Bottom residential areas for March 1991 includes:



Burglaries/Thefts in Homes

3/1 2400 Va Ave
3/5 2306 G St
3/12 500 23rd St
3/22 2121 F St
3/23 2002 G St

Robberies In Public Spaces

3/1 1001 26th St 6:55p
3/6 2300 Blk Va Ave 9:15p
3/18 2300 I St 5:00p
3/22 1100 Blk 24th St 12:20a
3/22 2440 M St 8:15p
3/27 2213 M St 5:00a
3/29 2400 Va Ave 10:00p

Assault With A Deadly Weapon

3/1 1800 Blk G St 5:15p
Beer Cans
3/5 2201 G St 9:15p Knife
3/10 21st & I St 1:00a
Foot(*)
3/13 1250 25th St 11:05a
Handgun
3/24 500 Blk 19th St 3:00a
Foot

Simple Assault

3/2 1200 Blk 23rd St 11:15p
3/9 2130 H St 2:28p (*)
3/13 2300 M St 12:00
3/15 2225 M St 4:00a
3/15 600 New Hampshire Ave. 4:30p
3/22 2500 Blk M St 1:40p
3/24 2002 G St 1:00a (*)
3/28 23rd & Va Ave 6:30a

Rape

3/1 2104 L St 2:30a

Automobiles

4 cars stolen from lots/garages
7 cars stolen from streets
21 thefts of property from cars parked on streets(*)
9 thefts of property from

Iona Holds Training Day For Volunteers

There are people here in Foggy Bottom who really need your help, elderly residents with limited contact with the world. Sometimes they are completely forgotten. Iona Senior Services has programs and services for both frail and active persons, 60 and over, who live in northwest Washington near and west of Rock Creek Park.

Do you have any time to volunteer during the day? If you do, we need your help. We would like to show you how you can help Foggy Bottom residents stay in the community as long as possible. Iona Senior Services will hold a volunteer training day, Tuesday, May 7, from 10 a.m.-12 noon at St. Paul's Episcopal Church, 2430 K St., N.W. The training will include a slide presentation, an orientation by Iona staff and volunteers, and a discussion of volunteer opportunities. The training session will be followed by a light lunch. Day training is open to all interested in volunteer information.

Day volunteer opportunities include: daily telephoning, weekly visits, helping people at home who were recently hospitalized, advocating for residents of nursing homes, transport to medical appointments, delivering weekend meals to homebound persons, serving lunch, or teaching a class. For more information and registration, contact David Fothergill-Quinlan at 966-1055.

cars parked in lots/garages

Thefts, burglaries and destruction of property in businesses are not reported in this column. While most of these crimes go unsolved, some arrests have been made. An asterisk(*) notes those instances where an arrest has been made.

Crime prevention is every citizen's responsibility. Help keep our residential neighborhoods safe by reporting non-emergency, suspicious activity to the Metropolitan Police Department at 727-4326 and calling 911 for all emergencies.

ANC Adopts

(continued from page 1)

Given many of the development decisions that have been made over the past decade by various governmental bodies as well, our concerns extend beyond our ANC. We believe that such entities also might take the opportunity to review their own approach and guidelines. Neighborhoods must be protected if our city is to provide the kind of environment and living experience that serve the needs of our citizens.

Declaration on the Proposed Cooper Houses Development

The Cooper Houses at 2521 and 2523 K Street, N.W., the two oldest houses extant (dating from 1843 and 1868, respectively) in Foggy Bottom, were designated historic landmarks by the D.C. Historic Preservation Review Board on November 2, 1984. They form a cohesive unit of intact vernacular architecture from Washington's earliest years and are distinctive both in context and architectural merit. They are situated half a block from the Foggy Bottom Historic District and only two blocks from the historic Georgetown waterfront on one of the two major east-west arteries passing through Georgetown.

The impending development at this site calls for a 12-story, 107.5 foot building excluding the penthouse, (an increase of 19.4 percent above matter-of-right of 90 feet), and a floor area ratio of 7.7 (an increase of 28 per cent above matter of right of 6.0). The Secretary of the Interior's Standards for the Rehabilitation of Historic Buildings call for,

among others, the scale of additions to historic buildings to be compatible with the property, neighborhood, and environment. The proposed development would dwarf these historically landmarked buildings, would tower over the surrounding buildings, and would be completely unsuitable for the scale of the adjacent neighborhood.

The various approvals of the proposal created a serious precedent in the field of historic preservation and zoning variances that is damaging to the Foggy Bottom/West End area and elsewhere in the District of Columbia. The Foggy Bottom Association and interested citizens are appealing the development in Court.

Therefore, the Foggy Bottom and West End Advisory Neighborhood Commission 2A wishes to put on record its strenuous opposition to the proposed development of the historically landmarked Cooper Houses at 2521 and 2523 K Street, N.W., because of the inappropriate height and bulk of the project. The proposed development should not stand as a precedent for the kind of historic preservation or zoning variances ANC2A would like to see in the Foggy Bottom/West End neighborhood. Further, should the Court decide to remand the Cooper Houses case to the District Government for further action, we expect that ANC2A would be given the opportunity to review any further development proposals affecting that site.

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Neighborhood Datebook

Saturday, April 27: Concert by GW's University Singers, directed by Catherine Pickar. Marvin Theatre, 800 21st Street, N.W. Tickets, \$1. 8:00 p.m.

Sunday, April 28: "Homage to Mozart" piano/violin recital, featuring David Ehrlich, piano, and Kitty Ogden, violin, performing sonatas and variations for solo piano and for piano and violin. Western Presbyterian Church, 1906 H Street, N.W., 2:00 p.m.

Monday, April 29: Foggy Bottom Association meeting, St. Paul's Parish, 2430 K Street, N.W. 8:00 p.m.

Tuesday, April 30: ELECTION DAY FOR WARD 2 COUNCIL SEAT. BE SURE TO VOTE!!!!

Thursday, May 2: Music at Noon concert, featuring percussionist Randall Eyles in "Percussion Color Spectrum," with music by Bach, Washington's Robert Gibson, etc. Western Presbyterian Church, 1906 H Street, N.W., 12:15 p.m.

Friday, May 3: Lecture on meal planning for diabetes and healthy low fat/low cholesterol eating. GWU Medical Center Hospital Auditorium, 901 23rd Street, N.W. 994-7777. 12:15-1:15 p.m.

Sunday, May 5: Diane Abel, soprano, Richard Tappen, tenor, and Alfred Clark, piano, present a program of arias and duets from operas and musicals. Free, donations accepted. United Church, 20th & G Street, N.W., 4:00 p.m.

Monday May 6: "Lisner at Noon" concert, featuring Robert Birch, trumpeter. Lisner Auditorium, 21st & H Street, N.W. 12:15 p.m.

Tuesday, May 7: Iona House Volunteer Train-

ing, St. Paul's Parish Hall, 2430 K Street, N.W. For information call 966-1055, 10:00 a.m. -12:00 noon.

Wednesday, May 8: "Lisner at Noon" concert, featuring Youth Dancers of the Washington Ballet. Lisner Auditorium, 21st & H Streets, N.W., 12:15 p.m.

Thursday, May 9: Music at Noon concert by Camerata Quattro, Baroque ensemble featuring oboist/English hornist Faye Hermsen, guitarist John Marlow, flutist Virginia Nanzetta and cellist Eric Stoltzfus, with music by Jacques Ibert, Dvorak, Vivaldi and Schubert. Western Presbyterian Church, 1906 H Street, N.W., 12:15 p.m.

Thursday, May 9: Foggy Bottom-West End Advisory Neighborhood Commission meeting, 2430 Pennsylvania Avenue, N.W. 7:30 p.m.

Thursday, May 16: Music at Noon concert, with mezzo soprano Jeanne Kelly, tenor Gene Tucker and pianist Regina DiMedio, of the Levine School of Music, featuring "Love Songs" by Bernstein, Rodgers & Hammerstein, Gershwin, Porter, Rodgers & Hart and George Bizet. Western Presbyterian Church, 1906 H Street, N.W. 12:15 p.m.

Friday, May 17: Concert, National Music Arts chamber ensemble, performing music by Ernst von Dohnanyi, Peter Kiesewetter, Ernest Toch, Wolfgang Amadeus Mozart, and Ralph Shapey. (Meet the Composer forum with Ralph Shapey at 7:00 p.m.) National Academy of Sciences, 2100 C Street, N.W. 8:00 p.m.

Saturday, May 18: Workshop on "How to Buy a Car," Galleria at Tysons II, 10:00 a.m. to 1:00 p.m. \$15. Phone 703-281-2657. (See article elsewhere in this issue.)

Coping With Cancer Focus of Seminar

The American Cancer Society, District of Columbia Division, in cooperation with the George Washington University Cancer Home Care Program, is offering, *free of charge*, a five-part lecture series for cancer patients, family, and friends at the American Cancer Society office located at 1825 Connecticut Ave., N.W., Suite 315. The series entitled *I Can Cope* will run from 5:00 to 6:30 p.m., starting on May 7 and continue on consecutive Tuesday evenings through June 4. *I Can Cope* addresses the issues of living with cancer to help patients and their loved ones deal with the disease and its emotional impact.

The sessions will be led by area physicians and other health care professionals and will include the following topics:

May 7 — Living With Cancer
Robert Siegel, M.D.
Associate Professor of Medicine
The George Washington University Hospital
The Division of Hematology-Oncology

May 14 — Dealing With Daily Health
Peg Howard, R.N.
Clinical Nurse

The George Washington University Hospital
The Center For Cancer Treatment and Research

May 21 — Enhancing Self-Esteem and Sexuality
Deborah Dozier Hall, A.C.S.W.
Senior Clinical Social Worker
National Cancer Institute

Pat Virden, R.N.
Clinical Nurse
The George Washington University
Cancer Home Care Program

May 28 — Understanding Your Emotions and Dealing With Stress
Bernard L. Frankel, M.D.
Professor of Psychiatry
The George Washington University

June 4 — Employment and Health Insurance Issues
Patricia Laird, J.D.
Senior Legislative Analyst
House of Representatives
United States Congress

For more information and to register please call the American Cancer Society's Department of Service and Rehabilitation at (202) 483-2600.

2501 Elicits Response From Mayor Dixon

Barbara Kahlow of the Westbridge recently heard from the Mayor on the subject of the proposed construction on Pennsylvania Avenue, as follows:

Thank you for your recent letter expressing your concerns regarding construction at 2501 Pennsylvania Avenue, N.W. As a part of the architectural and cultural heritage of Washington, D.C. and, in this case, of the Foggy Bottom and West End communities, I support your efforts to ensure that historic buildings remain a vital part of this city's rich architectural fabric.

It is my understanding that citizen testimony before the Historic Preservation Review Board was influential in the Board's denial of the application for demolition and new construction on this site. Be assured that I will continue to monitor this issue.

Sharon Pratt Dixon

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JACK EVANS ... A WARD 2 LEADER READY FOR THE CITY COUNCIL

ELECT
JACK EVANS
WARD 2 CITY COUNCIL

FOUR GOOD REASONS WHY FOGGY BOTTOM SHOULD

VOTE FOR JACK EVANS ON APRIL 30th

1 JACK IS A CITIZEN'S CANDIDATE: While some candidates' primary source of funds have come from special interest or single issue groups, Jack's contributions have come from a cross section of supporters in Ward 2. Jack will represent citizens' not special interests on the City Council.

2 JACK HAS A RECORD OF LEADERSHIP & ACCOMPLISHMENT: As two-term chairman of the Dupont Circle Advisory Neighborhood Commission, Jack led the effort to reverse a number of large scale commercial developments proposed in residential areas. He is also credited with bringing greater police protection to Ward 2 neighborhoods in the fight against street & hate crimes and aggressive panhandling.

3 JACK HAS 20 YEARS OF TRAINING & EXPERIENCE IN FINANCIAL AND ECONOMIC MATTERS: As an honors graduate from the Wharton School of Business and an attorney whose previous professional experience includes investigating financial fraud at the Securities & Exchange Commission, one of Jack's primary objectives as the Ward 2 Councilmember will be to better manage taxpayers' dollars.

4 JACK IS IN THE TRADITION OF NEW LEADERSHIP IN THIS CITY: Jack is a pragmatic reformer committed to working with citizens to achieve real results. He has given numerous volunteer hours to strengthening the quality of life in Ward 2's neighborhoods. He is committed to better management of taxpayers' funds in order to more effectively provide basic city services.



- * **ANC Chairman**
- * **Treasurer, D.C. Democratic Party**
- * **Attorney**
- * **Financial Expert**
- * **Wharton School Graduate**
- * **Member, Mayor Sharon Pratt
Dixon Transition Team, Economic
Development Committee**

VOTE APRIL 30th — JACK EVANS

Paid for by Jack Evans For Ward 2 City Council Committee, LaVonne R. Taliaferro, Treasurer